



Monday 12h00 - 18h00
Tues - Fri 10h00 - 18h00
Saturday 09h00 - 13h00
Sunday Closed

082 837 0324
retail@capefish.co.za
www.capefish.co.za

Retail Price List

Deli Line

Yellowfin tuna – Cold Smoked (80 grams)	R45.00 per pack
Salmon - Cold Smoked (80 grams)	R45.00 per pack
Salmon - Hot Smoked (250 grams)	R140.00 per pack
Salmon – Hot smoked (500 grams)	R250.00 per pack

Fresh Fish

Yellowfin tuna - Fresh	R29.50 per 100 grams
Swordfish - Fresh	R17.30 per 100 grams
Salmon - Fresh	R39.50 per 100 grams
Kingklip - Fresh	R23.00 per 100 grams
Moonfish – Fresh	R9.50 per 100 grams
Longfin tuna - Fresh	R19.50 per 100 grams
Dorado - Fresh	R20.00 per 100 grams
Sea run trout – Fresh	R34.50 per 100 grams

Shellfish

Mussels - Fresh	R50.00 per kg
Oysters - Fresh	R16.00 per oyster
Mussel cleaning service	R15.00 per kg

Frozen - Seafood

Shellfish

Prawns - Frozen (700 grams)	R189.00 per pack
Prawns – Giant Tiger – Frozen (700 grams)	R289.00 per pack
Prawn meat – Frozen (800 grams)	R199.00 per pack
Langoustine - Frozen (1.5 kg)	R898.50 per pack

Frozen Fish

Tilapia	R9.50 per 100 grams
Dorado - Frozen	R36.80 per 100 grams
Yellowfin tuna steaks - Frozen	R29.50 per 100 grams
Yellowfin tuna steaks - Family pack Frozen	R31.00 per 100 grams
Grenadier - Frozen	R11.00 per 100 grams
Gurnard - Frozen	R16.50 per 100 grams
Swordfish - Frozen	R17.30 per 100 grams
Salmon - Frozen	R39.50 per 100 grams
Hake - Frozen	R11.50 per 100 grams
Kingklip - Frozen	R23.50 per 100 grams
East Coast Soles - Frozen	R9.90 per 100 grams

There is nothing worse than driving all the way to fetch a whack of fresh tuna for a braai on the weekend only to find out all the stock has been sold. So, here's the best way to avoid disappointment.

Keep an eye on our website for the latest stock or call ahead and we'll set some product aside for you.

Prepacked orders: Call, WhatsApp or Email our store to place your order, specify the collection date, any specific requirements (portion size, preferred packaging, etc.) and we'll get the order ready for you to collect.



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Other

Calamari - Frozen	R19.50 per 100 grams
Fish cake mix tuna- Frozen (400 grams)	R35.00 per pack
Fish cake mix swordfish - Frozen (400 grams)	R25.00 per pack
Seafood mix - Frozen (800 grams)	R65.00 per pack
Scallops – Frozen	R67.50 per 100 grams
Clams- Frozen (1kg)	R119.00 per pack
Prawns Tiger Prawns (count 10/15)	R53.00 per 100 grams
Prawns Tiger Prawns (count 15/20)	R48.00 per 100 grams
Prawns Tiger Prawns (count 20/25)	R40.00 per 100 grams
South Coast Rock Lobster Tails (small)	R120.00 per tail
South Coast Rock Lobster Tails (large)	R140.00 per tail
South Coast Rock Lobster Tails (super XL)	R180.00 per 100grams

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